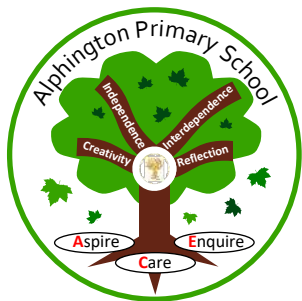




Alphington Primary School

Newsletter

31/03/2023



Message from the Headteacher

Dear Parents / Carers,

What a fantastic and busy half term we have had! It has been lovely seeing more visitors in school and children out and about on trips and events, with much to celebrate. Thank you for all of your support this term and we look forward to seeing you on the 17th April for the start of the summer term. I hope you all have a lovely Easter break.

Comic relief:

Thank you all so much for your generous donations for Comic relief, we raised a total of £337!



Earth reward:

Well done to Earth house group who are our termly house points winners, so they will be celebrating with a non-uniform day on the 27th April.

Science week:

We thoroughly enjoyed exploring the theme of connections in this year's Science week; from creating portraits of spectacular scientists and learning about how they changed to the world, to taking part in some intriguing experiments the children amazed us with their incredible scientific knowledge throughout the week. We were particularly impressed with the children's creative and thoughtful entries to the 60 seconds of science competitions which explore everything from how to make crystals to the weight of our brain in cream eggs.





Cake sale:

Avocets have been busy fundraising for our chosen charity, Balloons. On Tuesday, they held a cake sale and raised over £200! Thank you for all of the cake donations and for your support with this event.

Sports update:

National Sports Week is back for 2023! Alphington will be celebrating the event a little earlier this year (22nd of May) and we have lots of exciting activities planned for the children, from team games to individual challenges! This year's pledge is 'Play for Fun, Play for 60'! The pledge supports the government request that children are active within school for 30 minutes a day, and then outside of school for at least another 30 minutes, supporting every child to reach the minimum amount of 60 active minutes. We look forward to seeing lots of Resilient Rons and Collaborative Callies throughout the event.

Watch this space for more information.

Year 2 trip:

Year 2 had an amazing trip to the Golden Hind in Brixham. They were really excited to go on a long coach trip and had a great time looking out of the windows at the countryside. On the Golden Hind, the children got to experience what it would have been like to be a 16th century explorer. They took part in a treasure hunt that led them all over the ship, as well as listening to some thought-provoking information from our tour guide.



Sickness:

Could we remind you that we must ask that children stay off school for 48hrs after their last symptom of sickness and / or diarrhoea. This is to try and prevent the spread of any bugs throughout the school. We are grateful for your help with this.



New lunch menu:

Please note that we will have a new lunch menu for the next term.



**SOUTH WEST
norse**

Fresh Ideas Feeding Minds

Spring/Summer

Menu 2023

Welcome to our New Spring/Summer menu.

Allergen information is available at www.swnorse.co.uk

Special diet registration forms are available via email catering@swnorse.co.uk

Throughout the year we offer a number of themed menus to support the curriculum, celebrate holidays and seasonal events - please check with your school for local arrangements.

"Putting Children at the Heart of What We Do"

Fresh Bread, Salad, Fruit, Yoghurts and Water are all available daily.

SUGAR SMART

Please note the menu may be subject to change to meet local needs. For details of employment opportunities within South West Norse please email info@swnorse.co.uk or phone us 01392 351160.

Week One					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Freshly Prepared Margarita Pizza	The Norse Beef Burger in a Bap with Homemade Sauce	Roast Chicken with Stuffing	Freshly Prepared Beef Bolognaise	Buttered Fish Fillet
Option 2 (v)	Quorn Burger in a Bap with Relish	Quorn Hot Dog in roll with Relish	Freshly Prepared Vegetable Lentil Loaf	Mediterranean Vegetable Bolognaise	Vegetable Fingers
Sides	Baked Beans, Crunchy Salad, Herby Diced Potatoes	Sweetcorn, Homemade Coleslaw, Jacket Potato Wedges	Fresh Broccoli, Fresh Carrots, Roast or New Potatoes & Gravy	Green Beans, Wholemeal Spaghetti & Crusty Bread	Baked Beans or Crunchy Vegetable Sticks, Wholemeal Pasta or Chips
And for pudding	Flapjack	Fresh Fruit	Organic Pip Ice Lolly	Chocolate Cracknel	Cheese & Biscuits
Jacket Potato	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives				
Week starting:	17/04/23 - 08/05/23 - 05/06/23 - 26/06/23 - 17/07/23 - 18/09/23 - 09/10/23				

Week Two					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Freshly Prepared Mac & Cheese	Lemon Herb Chicken	Honey Roast Gammon & Pineapple	Norse's Butchers Sausages	Fish Tastic Wrap
Option 2 (v)	Freshly Prepared Roasted Vegetables Pasta Bake	Homity Pie	Homemade Cheese & Leek Parcels	Vegetarian Sausages	Halloumi Pizzola
Sides	Green Beans, Fresh Sliced Carrots, & Crusty Bread	New Potatoes, Green Salad or Corn on the cob	Fresh Broccoli, Fresh Carrots, Roast or New Potatoes & Gravy	Baked Beans, Tomatoes & Hash Browns	Baked Beans or Crunchy Vegetable Sticks, Wholemeal Pasta or Chips
And for pudding	Berry Pancakes	Summer Fruit Salad	Salado (Arctic Roll)	Chocolate Mousse	Organic Pip Ice Lolly
Jacket Potato	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives				
Week starting:	24/04/23 - 15/05/23 - 12/06/23 - 03/07/23 - 04/09/23 - 25/09/23 - 16/10/23				

Week Three					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Cheese Wheels	Meatballs in Tomato Sauce	Roast Lamb of Pork & Apple Sauce	Bubble Salmon	Fish Fingers
Option 2 (v)	Quorn Sausages	Veggie Balls in Tomato Sauce	Veggie Roast	Vegetable Enchilada	Sweet Potato, Spinach & Feta Frittata
Sides	Baked Beans, Peas & Herby Diced Potatoes	Green Beans, Wholemeal Spaghetti & Crusty Bread	Fresh Broccoli, Fresh Carrots, Roast or New Potatoes & Gravy	Stir Fry Vegetables & Potato Salad	Baked Beans or Crunchy Vegetable Sticks, Wholemeal Pasta or Chips
And for pudding	Ice Cream	Chocolate Cracknel	Fruit Jelly	Fresh Fruit	Organic Pip Ice Lolly
Jacket Potato	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo
Available each day	Freshly Prepared Salad, Home Baked Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives				
Week starting:	01/05/23 - 22/05/23 - 19/06/23 - 10/07/23 - 11/09/23 - 02/10/23				

Mystery Athlete Event:

We are very excited to be welcoming top athlete Jessica Roper to the school on Thursday, 27 April 2023.

Jessica will be leading a sponsored fitness circuit with all pupils and will follow-up with an inspirational assembly, and question and answer session. The aim of the event is to inspire the pupils to be more physically active, but just as importantly, encourage them to discover and pursue their passion in life.

The event will both connect the pupils to an extraordinary athlete role model and raise money to improve physical activity in the school, while also supporting both athletes and para-athletes, so that they can continue to inspire the next generation.

You can sponsor your child by visiting: <https://sportsforschools.org/> and clicking on the button "Set up a Fundraiser Page". Please do not use the sponsor form in the activity pack as the school is unable to accept any cash, the fundraiser page is the only way to donate any sponsor money.

Please can all children come to school on the event day in their PE Kits.

Dates for your diary:

Friday 31st March: Last day of term

Monday 17th April: Children back to school

Wednesday 19th April: KS1 Sports event

Thursday 27th April: Mystery athlete event

Thursday 27th April: Online safety parents' workshop

Friday 28th April: Year 4 and 5 girls football.

Monday 1st May: Bank holiday

Wednesday 3rd May: Year 1 multi skills festival - Westex School

Friday 5th May: Kings Coronation celebration in school

Monday 8th May: Bank holiday

Tuesday 9th May-11th May: Year 6 SATs week

Monday 15th May-Friday 19th May: Year 6 residential - Great Potheridge House

Monday 22nd May-Friday 26th May: School sports week

Monday 29th May-Friday 2nd June: Half term

Friday 23rd June: KS1 sports day

Friday 7th July: KS2 sports day

Friday 14th July: End of year reports to come home

Monday 17th July- Wednesday 19th July: Year 5 residential

Monday 17th July: Year 6 leavers show to parents

Tuesday 18th July: Open evening for parents

Wednesday 19th July: Year 6 leavers fish and chip night

Friday 21st July: Year 6 leavers assembly

Friday 21st July: Last day of term

